

Exercise No. 1—Independent Single Beats

Play 8 single beats on the right hand, followed by 8 on the left hand. The stick or mallet should rebound up after each stroke. Use full strokes.

**Note: Since the multi-tenors move from drum to drum, they need to develop a smooth arc motion emphasizing the rebound. This is very important as the tempo gets faster. The same is true for keyboards as they move from one bar to the next.

♩ = 64 - 152

Exercise No. 2—Independent Double Beats

Play this one measure double beat pattern on your right hand, then your left. Repeat as indicated. Make sure the stick or mallet is rebounding to the "up position" after the second beat.

♩ = 64 - 138

Exercise No. 3—Independent Triple Beats

Play the triple beat pattern on your right hand, then your left. Repeat as indicated. The stick or mallet should rebound after the third beat.

♩ = 60 - 126

Snare
f R R R → L L L →

Trios
f R R R → L L L →

Quads
f R R R → L L L →

Bass
f Unison/Divisi R L R L

Cymbals
f Vertical Hinge Chokes

Keyboards
f

R R R L L L R

R R R L L L R

R R R L L L R

R L R L R

Vertical Hinge Chokes

R

Exercise No. 4—Single/Double/Triple Combo

When comfortable, combine all three exercises to form the SINGLE/DOUBLE/TRIPLE COMBO. From now on start every practice session or rehearsal with this exercise.

♩ = 64 - 138

Musical score for Exercise No. 4, Single/Double/Triple Combo. The score is in 2/4 time and consists of six staves: Snare, Trios, Quads, Bass, Cymbals, and Keyboards. The tempo is marked as ♩ = 64 - 138. The score is divided into four measures, with a double bar line and a '2' indicating a two-measure rest at the end of the first two measures. The notation includes various rhythmic patterns and dynamic markings.

Snare: *f* R R → L L → R R LL

Trios: *f* R R → L L → R R LL

Quads: *f* R R → L L → R R LL

Bass: *f* R R → L L → R R LL

Cymbals: *f* Vertical Hinge Chokes R R Orchestral Crash LL

Keyboards: *f* R R → L L → R R LL

Continuation of the musical score for Exercise No. 4, Single/Double/Triple Combo. This section shows the final two measures of the exercise, including a double bar line and a '2' indicating a two-measure rest. The notation includes various rhythmic patterns and dynamic markings.

Snare: RRR → LLL → R

Trios: RRR → LLL → R

Quads: RRR → LLL → R

Bass: RRR → LLL → R

Cymbals: Vertical Hinge Chokes R L R L R

Keyboards: R