

*OAKMONT-OVERLOOK
MARCHING SPARTANS*



*2019-2020
HANDBOOK*

WWW.MARCHINGSPARTANS.COM

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PLEASE COMPLETE AND RETURN ALL ITEMS MARKED WITH AN * TO OOMPA BY JULY 1

1 ENSEMBLE OVERVIEW

The Oakmont-Overlook Marching Spartans offers students entering grades 7-12 an opportunity to perform, both musically and visually, a variety of musical literature for wind, percussion, and visual auxiliary (Color Guard and drill). The literature and visual concepts provide students a medium in which to develop their artistic skills.

Each year the itinerary includes competitions, half-time presentations, parades, concerts, festivals, pep-rallies, etc. The Spartans incorporate a variety of marching and musical skills common to the many drum corps and military marching band styles developed over history.

2 PHILOSOPHY

The philosophy of the Oakmont-Overlook Marching Spartans program is to develop all facets of students' potential, using music as the common element. The purpose of this ensemble is to provide students with a clear understanding of the skills, knowledge, and attitudes necessary for a successful ensemble performance while at the same time positively enforcing personal and group success, self-discipline, and personal pride.

The Marching Spartans will strive for excellence in performing to standards that are required by the judging staff at festivals and competitions. Self-esteem and excellence are inextricably linked. In building the confidence to accomplish successful performances, our goal is also to develop the social skills and self-esteem that accompany achievement. The student's overall psychological, intellectual, and physical skills are therefore always important to this organization and will be developed in a positive way.

3 ORGANIZATION

| | |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Director | Mr. Kris S. DeMoura |
| Winds Arrangement | Mr. Brian McCulloch |
| Front Ensemble Arranger | Mr. Adam Stark |
| Drill Designer | Mr. James R. Fortier |
| Percussion Coordinator | Mr. TJ Kelly |
| Color Guard Designers/Staff | Mrs. Patty Pisini O'Keefe |
| Music/Drill/Guard Staff | Mr. Robert Bergeron, Ms. Alicia Ferrick, Mr. Harry Jette, Mr. Joseph Lordan, Mrs. Laurel Micklus, Mr. Michael Pence, Mr. Michael Powderly, Mr. Jason Thrailkill |

4 DISCIPLINARY CONCEPT

Many people consider discipline to be a list of rules and regulations, and the consequences if they are violated. This is not the case in the Marching Spartans. Discipline is a system of values by which an individual conducts oneself. Rules and regulations play a part, but the basis of mature behavior is mutual consideration for the needs of others.

Discipline is an extension of an adult's concern for a student's welfare. It is a set of limits for the student, to increase awareness of what is and what is not acceptable. It is enforced through mutual trust, dignity, and the values of each individual. A student will respond to disciplinary policies if there is a mutual concern of well-being.

The goal of individual self-discipline is what makes a group, such as the Marching Band, come together for the common goal of excellence. The policies have been developed to help the students, staff, and parents understand what it takes to achieve a first class marching band with PRIDE.

5 STUDENT RESPONSIBILITIES

There is no set amount of time for at home practice. It stands to reason that the amount of time needed is dependent upon each individual's ability. It is important to remember that at rehearsal we work to combine all the parts, and that the staff does not have time to teach individual notes and rhythms. It is expected that all members will come to rehearsal PREPARED. The Oakmont-Overlook Marching Spartans are ONLY AS GOOD AS OUR WEAKEST MEMBER. Let's all work hard to achieve the best possible results.

1. Learn and memorize all music (rehearsal letters, dynamics, etc.), drill (dots, counts, etc.), and routines by a determined date set by staff.
2. Come to all events prepared and execute all work to the best of one's ability.
3. Follow instructions from the Band Director, Staff, and the Student Leadership members. There will be no talking during rehearsals when conducting or directing is taking place by any of your leaders.
4. Come to **ALL** rehearsals in fitness class attire (athletic shorts, athletic footwear, sweatpants, etc.). This means; no jeans, no cargo pants, no skate sneakers/converse all-stars, sleeveless shirts, exposed undergarments, etc....
5. Attend **all** rehearsals and **all** weekly sectionals with required items.
6. Stay after or arrive early when extra help is necessary.
7. Sign-out and take care of property loaned by school, instructors, or parents. This includes instruments, uniforms, music, etc.
8. Read the "PRIDE" newsletter each week to be updated.
9. Do not engage in irresponsible and/or illegal activities. The marching band has a zero tolerance for drinking alcoholic beverages, smoking, vaping, drugs and the possession of/or being under the influence of these things. Violation of this rule is subject to the Oakmont or Overlook student handbook and/or the Marching Band handbook.
10. Respect the uniform and organization by carrying yourself with PRIDE anytime you are representing our schools. All members must retrieve and put away uniforms according to protocol.

11. All instruments must be stored properly in the equipment or storage room using the lockers and cabinets. Instruments should not be left in the band room.
12. All students will be responsible to carefully pack their instrument (harness, case, etc.) and bring it to and from equipment vehicle or bus.
- 13. All Color Guard members will encumber the cost for uniforms, shoes, etc.**
- 14. All percussionists will encumber a cost for sticks and mallets, which will be supplied by the program.**
15. All members must continue to uphold their academics and good behavior during their term. If a member is placed on academic probation, or are suspended for any reason, they may be removed from the band at the Band Director's discretion.

6 INFRACTION OF RULES PROCEDURE

Disciplinary steps for disregarding student responsibilities.

1. Warning- verbal warning from staff.
2. Chores- to be determined by the staff, which include clean up, filing, etc. (outside of rehearsal time.)
3. A conference and/or phone call home to parent/guardian and a possible suspension from one or more events.
4. Referral to administration

***BLATANT DISREGARD OF ANY INFRACTION OR DESCRIPTION WITHIN COULD MEAN TEMPORARY OR PERMANENT SUSPENSION OR EXPULSION FROM REHEARSALS OR EVENTS AT THE PARENT'S EXPENSE.**

7 TARDINESS / ABSENCE

The Band Director, or Staff in charge is responsible for all students. Students not on time for rehearsals must report to the Band Director immediately with either a note of explanation signed by parents or the parent must personally see the Band Director to explain. Students absent or tardy affect the entire organization. Every effort must be made to follow these procedures.

1. Students are to arrive early to any designated time in order to prepare properly for all events. This will allow students to assemble instruments, warm-up, prepare music or drill sheets, etc. The entire ensemble will stretch together at the start of rehearsal.
2. Attendance will be taken at the beginning of the rehearsal. If students are not ready in place, they will be considered late and will be subject to the infraction procedure.
3. You may not be absent except for reasons of health or family emergency.
4. Students are required to submit a note signed by a parent if they are going to miss an event (rehearsal/performance) at least 7 days prior. The Band Director is not obligated to accept any excuse if this is not followed. Advance notice to anything is necessary so that we can plan appropriately.
5. Students absent without prior permission will automatically have a phone call made to parents to verify the legitimacy of the absence. A parental note to the Band Director may be requested.
6. You may not participate in marching band if you are absent from school that day. If you are absent on a Friday, you may not be able to participate in events on the

upcoming weekend. There are some exceptions to this rule, contact Mr. DeMoura with any questions.

7. You may not leave marching band events without written permission by a parent. Students must be dismissed by the Band Director.
8. When extra help is needed, you are required to attend an early or late rehearsal, provided you are given reasonable advance notice. Do your best to arrange rides. At the very least, parents should make a phone call to the Band Director, to let him know if the student will not be available to rehearse or go to an event. We do not need to hold up the entire group.
9. **Band camp attendance is MANDATORY** (August 11–16). This is an overnight camp in Ashburnham where students receive an intense but rewarding week-long practice. Exceptions may be made at the discretion of Mr. DeMoura under extenuating circumstances.
10. The Band Director has the right to refuse a student from performing due to habitual tardiness, absences, insubordination, etc.

8 ATTITUDE, BEHAVIOR AND LANGUAGE POLICY

You are expected to be respectful and courteous at all times while you are at all marching band events, on or off school grounds, buses, etc. You are a representative of our schools and communities. You are expected to be courteous and respectful to the Band Director, Staff, Drum Majors, Color Guard Captains, Chaperones, and Parents when you have contact with them inside or outside school. You have the duty to be a responsible and honest person. Your honesty is the most important factor in any decision. Dishonesty deprives you of your most prized possession – YOUR GOOD NAME!

1. There will be no tolerance of rudeness or disrespect to any staff/instructor or fellow student. This includes no rude or profane language and/or gestures, as well as threats or acts that place the health or safety of you, fellow students, or Staff in jeopardy.
2. You are not to refuse a reasonable request made to you by the Band Director, Staff or Chaperones.
3. You are not to violate any rule in the Marching Band, Overlook, or Oakmont student handbooks.
4. You are to accept any decision made by the Band Director, Staff, or Chaperones.

9 BUS RULES

You have the privilege of traveling with the Marching Band on the bus.

1. Obey and respect Staff, Chaperones, and Bus Drivers at all times. Listen with “ears and eyes” to announcements and directions.
2. Stay in seats at all times for your safety.
3. Do not engage in shouting foul and abusive language, or horseplay.
4. There will be **NO** playing of any instrument while riding on the bus (unless instructed by a staff member).
5. There will be **NO SAVING SEATS!** Students will sit on first come, first serve basis. If this becomes a problem, the Band Director, Staff, or Chaperones may implement assigned seating immediately.
6. Do not change buses.

7. All students will travel to and from all events on the Marching Band buses, not in personal cars. In the case of a (timing) conflict, a student needing to arrive or return from an event with his/her parents or guardian must submit a permission slip to the Band Director **BEFORE** the event.
8. Keep buses clean. Snacks and drinks are a privilege on the bus. Trash and spills must be picked up. Remember “Leave things cleaner than when we found them.”
9. The Band Director, Staff, Chaperones, or Bus Drivers reserve the right to ask any student at random, to stay and sweep/clean a bus after arrival at Oakmont.

10 REQUIREMENTS TO AUDITION

Auditions are held in the spring prior to the next upcoming season and are open to students in Overlook and Oakmont entering grades 7-12.

1. Audition material is available early so students may be prepared for a successful audition.
2. Brass/Woodwind instrumentalists must be able to execute melodic and/or rhythmic material as well as perform some basic marching maneuvers.
3. The Color Guard auditions will be held during the Winter/Spring clinics. Clinics will run from April to June.
4. The Percussion (Battery, Front Ensemble) auditions will be held during the Winter/Spring clinics. Clinics will run from April to June.
5. All rookies must attend the "Rookie Day," and are encouraged to enroll in the school lesson program or take lessons with an outside instructor approved by the Band Director.

11 REQUIREMENTS FOR RETURNING MEMBERS

Re-Auditions are held in the late fall and spring prior to the next upcoming season. These re-auditions are to help the staff determine each student's current ability. This helps the student's growth and personal development, as well as provides the staff with feedback from the student.

1. All students must participate and execute a successful re-audition conducted by the Band Director and/or Instructors.
2. The re-auditions include either a preparation of music, marching, spinning material, and/or an interview or questionnaire to fill out.
3. Students who fail to execute material or who don't participate are subject to action at the discretion of the Band Director. This may include a required parent conference, extra help, placing the student into a lesson program or suspension from Marching Band.

12 REHEARSAL PROCEDURES

Rehearsals are where we put together our presentation for parades, festivals, competitions, etc. It is extremely important that these run as smoothly as possible. All summer rehearsals, Band Camp, and fall rehearsals are designed to introduce material on a schedule. While participation in Marching Band has many fun aspects to it, our success lies in the fact that we must **WORK VERY HARD** to reap the complete benefits of being in Marching Band.

1. Students are expected to be in warm-up arc or block after stretching; instruments assembled, with all music, drill, dot books (filled in), and pencils.
2. Attendance will be taken at the start of stretching.
3. All materials (instrument cases, backpacks, cell phones, etc.) should be lined up neatly on the sidelines throughout the rehearsal.
4. The Band Director, Staff will conduct all rehearsals. All students, including Drum Majors, Color Guard Captains, and Section Leaders, will follow directions and commands **immediately**.
5. Students will rehearse and execute all music material given, to the best of their ability.
6. Students must have **ALL** drill, music, including show music, parade music, stands music and necessary exercise material in an appropriate and protective 3 ring binder.
7. After rehearsals, students must properly store instruments or take them home. Lockers/Cabinets are available.
8. Students who lose music or drill should download/print the material from the Google Classroom. If they do not have that ability they must see a Drum Major or Section Leader for a copy.
9. Students must have their instruments at all rehearsals. If you don't have your instrument, you are still expected to participate.

13 SECTIONAL PROCEDURES

Sectionals are where the students work together to further the musical goals of the section.

1. Weekly sectionals will begin the week of the first day of school.
2. Sectionals will be treated like a rehearsal, i.e. students on time, proper attire, etc.
3. Each weekly sectional will be 60 minutes, and will consist of working on field show music, marching technique, warm up music, stands tunes, etc.
4. Students determine sectional time and location to be sure all members can be present.
5. Student Leadership members will be responsible for running each sectional.
6. Sectionals will not run with less than 60% of the section and must be made up within one week.
7. If a section fails to make up the sectional, disciplinary action will be enforced at the discretion of the Band Director.

14 STUDENT LEADERSHIP RESPONSIBILITIES (DRUM MAJOR/COLOR GUARD CAPTAIN/SECTION LEADER)

1. The position of Drum Major is the highest personal honor provided in the Marching Band. **DM's MUST BE STUDENT LEADERS ON & OFF THE FIELD.**
2. The Band Director appoints the DM's after an application/audition/interview process with the recommendation from the staff.
3. The Band Director appoints the Color Guard Captains after an application/interview process with the recommendation from the staff.
4. The Band Director appoints Section Leaders after an application/interview process
5. DM's are the spokespersons for the entire Marching Band. Any concerns or problems must go to them first. If problems continue to exist, the Band Director is to be approached.
6. DM's will be responsible for leading the marching band to practice and perform to the best of their ability.
7. *Student Leadership Members (SLM)* will be responsible for the field set up/break down which includes podium, long-ranger, markers, etc.
8. SLM's are responsible for supervising all equipment pertaining to their respective sections. Such as shoes, flags, practice flags, tape, caps, etc. and their proper storage.
9. SLM's will be responsible for all necessary loading and unloading of equipment to the proper equipment vehicle. They may not be allowed to perform at an event if this task is not fulfilled.
10. SLM's are responsible for the teaching of marching technique to all Rookies and teaching Marching Band music and drill when needed.
11. SLM's will be given music to pass out to their section, as well as hold extra copies in case a student loses their music.
12. SLM's are to make sure that each member in their section has **all** music at every rehearsal, and their dot books filled in.
13. SLM's are responsible for organizing and assisting weekly sectionals.
14. SLM's will organize their section into arc/block immediately after we are changed into uniform at all performances.
15. SLM's will receive a great deal of technique, playing concepts, and leadership skills offered by the staff but are encouraged to take private lessons as well as attend a summer music camps. Students may see the Band Director or staff for more details about these camps.
16. SLM positions may be reassigned at the discretion of the Band Director if duties are not fulfilled.
17. SLM's must continue to uphold their academics and good behavior during their term. If a Student Leadership member is placed on academic probation, or are suspended for any reason, they may be removed from the position at the Band Director's discretion.

15 FOOTBALL GAME PROCEDURES

1. All Marching Band members shall learn and perform a pre-game show (Star Spangled Banner, School Song, all **stands tunes**) for football games.
2. The Marching Band is there to support the school by cheering and performing music at the discretion of the Band Director.
3. After each pre-game show, the Marching Band moves directly to the stands and sits in **assigned seating** at all times.
4. Guests are not allowed.
5. Have instruments ready to play at all times. **Do not trade instruments.**
6. Students will not leave the stands during the 1st, 2nd and 4th quarters at any time.
7. Students will be free in the 3rd quarter to get snacks. (Students may be required to play during the 3rd quarter at the discretion of the Band Director)
8. Students are required to be in the stands ready to play at the **start** of the 4th quarter.
9. All students must stay until the end of the game.
10. **Students will not play unless told to do so. Penalties to the team can ensue.**

16 PARADES, COMPETITIONS AND FESTIVAL PROCEDURES

1. All Marching Band members shall strictly follow the event schedule for the day.
2. Each student is required to dress, assemble instruments on time, and wait in arc/block before proceeding to the designated warm-up area.
3. At no time shall students talk during the passage to or from performances while we are still at attention in block.
4. Students will stay in designated areas at all times when we return to the viewing area, etc. after our performance.
5. All students shall dress properly and wear their band jackets
6. All members must have a buddy to travel with at all times!
7. Students shall sit in a designated area together. At no time will any members talk loudly or make noise during other band performances, as it is disturbing to both audience members and other bands.
8. All students shall show respect, encouragement, and class for other bands, schools, and property.
9. Students who do not follow rules are subject to transportation home at the parent's expense.

17 MUSIC DEPARTMENT FACILITIES

1. At **no** time shall students enter Mr. DeMoura's office without permission.
2. All instruments shall be stored properly in the storage room.
3. Flag spinning or tossing only occurs outside or in a gymnasium.
4. Students may not stay in the music department rooms after school unless Mr. DeMoura or a chaperone is present, and permission has been granted.
5. No student is allowed to touch, play, or handle any instrument, uniform, personal items, flag, or rifle other than their own. **"If it's not yours, don't touch it."**
6. The band room will always be opened at least 15 minutes before a rehearsal.
7. The band room or storage rooms are not your personal lockers, please treat them as a classroom/rehearsal room, and do not leave personal items when not in rehearsal.

18 SCHOOL OWNED INSTRUMENTS

Those students signing out school owned instruments must fill out an “Equipment Sign-Out Form” each year. The student and Band Director must sign this agreement. The student will be responsible for the general upkeep and maintenance of the instrument. The school will assume full responsibility for annual repairs. There is no cost for the general use of the instrument, however if the student abuses the instrument or it is stolen or lost, it is the student’s responsibility to repair or replace the instrument. One must remember that it is a privilege to use school equipment.

19 UNIFORM POLICIES AND PROCEDURES

1. All students must adhere to the “Uniform Contract.”
2. Whether in public or not, Marching Band members shall wear their uniform completely and with PRIDE! (don’t wear helmet backwards, don’t run in uniform etc)
3. When changing into uniforms use the bathrooms and keep them clean. You must wear clothing underneath the uniforms, such as a green t-shirt, shorts, long-underwear and anything that the uniform managers allow.
4. Jewelry, sunglasses, etc. are not acceptable. Hair must be worn properly in helmet.
5. Uniforms must be carefully kept and hung properly. Mislaced uniforms and parts will be billed to the student.
6. Food and drinks are not allowed while in uniform. Students must wear their band jackets over their uniform to consume food.
7. All students must come prepared with socks, t-shirt, etc. requested by the uniform management. Students who forget articles must call home to replace them or they may not be able to participate in events, as well as being subject to infraction policies.
8. The student will pay the bill for the dry cleaning if they are responsible for “more than average” wear and tear. (i.e. gum on uniform, food stains, grass/dirt stains, etc.)

20 MENTOR PROGRAM

All veterans of the marching program are expected to make rookies feel welcome. An upperclassman in the ensemble may be paired up with a rookie to act as a mentor and friend to the new member. They are there to answer any questions the rookie might have and help them through their first season with this great ensemble.

21 CHAIN OF COMMAND

Students should remember the following chain of command:

Marching Band Members → Section Leaders → Color Guard Captains/
Drum Majors → Chaperones → Staff → Band Director

22 COMMUNICATION AND NOTICES

1. Students are required to be part of the Google Classroom (Classroom Code: b1cwjq)
2. Parents and students are asked to sign up for the REMIND messaging service (Text “@oakmonto” to 81010)
3. Parents and students are asked to and follow @mrchngsprtns on twitter.
4. A numbered "PRIDE" newsletter will be available weekly. The PRIDE will be uploaded to the Google Classroom, sent out via the REMIND messaging service, and posted online at www.marchingspartans.com.

23 PARENT RESPONSIBILITIES AND SUPPORT

You are asked to:

- **Chaperone at least one event** during the marching season. In order for the ensemble to compete or perform away from the school, they must have adequate chaperones. To ensure students are managed effectively we ask for three chaperones per bus throughout the fall. During competitions and games we also require uniform parents and pit parents to assist with proper dress and instrument set up. Every member is required to have a parent chaperone at least one event. There are many opportunities to chaperone throughout band camp, during competitions and football games. If there are not enough chaperones to accommodate a competition, the ensemble may not be allowed to travel at great expense to the program.
- Pay any fees or costs for Marching Band in a timely manner to the best of your ability. No student will be allowed to attend the banquet until all bills are paid.
- Allow your student to participate in all rehearsals and events.
- Provide transportation for your student to arrive and be picked up on time for rehearsals/events, or when they need extra help.
- Provide financial and moral support to the marching band when possible.
- Participate in any possible way requested by the Band Director.
- Support the Band Director’s decisions in trying to help each student receive an enriching educational experience.
- Maintain enthusiastic interest in the Oakmont-Overlook Marching Spartans activities.
- Assist in raising appropriate funds for the purpose of running the band.
- Communicate immediately and directly with the Band Director regarding any questions, conflicts, exceptional needs, guidance, etc.
- Join in the many opportunities offered in the OOMPA organization.
- Provide information for a CORI, SORI, proof of MMR (2doses), and proof of Tetanus for Band Camp.

24 CONTACT INFORMATION

Band Director

Kris S. DeMoura
Oakmont Regional High School
9 Oakmont Drive
Ashburnham, MA 01430
978-827-5907 ext. 2168
kdemoura@awrsd.org

Oakmont-Overlook Music Parents Association

P.O. Box 161
Ashburnham, MA 01430
www.marchingspartans.com

25 SUMMER/FALL REHEARSAL SCHEDULE

SUMMER REHEARSAL SCHEDULE

Summer rehearsals run every week (except the week of July 1-7) and begin on:

Guard/Percussion Thursday June 13

Hornline – Tuesday June 18

- Rookie Day (Rehearsals for all first year members): TBD
- Full Band: 6/18, 6/25, 7/9, 7/16, 7/23, 7/30, 8/6
- Percussion/Color Guard: 6/20, 6/27, 7/11, 7/18, 7/25, 8/1, 8/8

FALL REHEARSAL SCHEDULE (August 20th – December 13th)

Tuesdays 5:30pm–8:30pm --- Thursdays 5:30pm–8:30pm --- Saturdays 8:30am–4:00pm

Weekly Sectionals to be determined by each section

26 HANDBOOK KUDOS

Mr. DeMoura has put this handbook for the 2019-2020 Oakmont-Overlook Marching Spartans together with assistance and input from students, parents, and administration. The purpose has been to help those directly and indirectly involved with the Marching Band understand the general workings of this organization. It will serve as a reference guide not only for the Band Director and Staff but also for students, parents, and other staff and administration in our district. Recognition of these individuals and groups include:

- ❑ Marching Band Staff
- ❑ Drum Majors – Charlie Kovaleski, Olivia Smith, and James Maloney
- ❑ Color Guard Captains – Hiley Graham and Elayna Ferrick
- ❑ Oakmont-Overlook Music Parents Association Executive Board – Shawn Rodriquenz – President, TBD – Vice President, TBD – Treasurer, Kristen Smith – Secretary, Carol Brotsky – Member at Large.
- ❑ Various Oakmont-Overlook Music Parents Association members from selected positions and general body
- ❑ Various past Drum Majors, Color Guard Captains, Field Captains, and Section Leaders in the Marching Band

Thank you to all involved in the support and input towards this major handbook! It is greatly appreciated and will ultimately make this entire organization stronger!

Sincerely,

Mr. Kris S. DeMoura
Oakmont-Overlook Marching Spartans Band Director

27 BAND CAMP INFORMATION

The expected price of camp this year will be determined at a later date. Please fill out the forms as noted with * in the table of contents and return them with payment and acknowledgement form to OOMPA. No later than July 1st.

BAND CAMP SCHEDULE

| | | | | |
|-------------------|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------|------------------|
| Sunday | 2:30 pm | Registration for returning members (<i>DO NOT</i> arrive before 2:30) | | |
| | 3:15 pm | Registration for new members | | |
| | 4:00 pm | Full Band Meeting in Lodge – Chaperone Meeting in Cafe | | |
| | 5:00 pm | Dinner | | |
| | 6:00 pm | Rehearsal | | |
| Monday - Thursday | | | | |
| | 6:00 am | Wake-Up | 3:30 pm | Free Time |
| | 6:30 am | Stretching | 5:00 pm | Dinner |
| | 7:00 am | Breakfast | 6:00 pm | Rehearsal |
| | 8:00 am | Rehearsal | 9:30 pm | Go to Cabin area |
| | 12:00 pm | Lunch | 10:00 pm | In Cabins |
| | 1:00 pm | Rehearsal | 10:15 pm | LIGHTS OUT! |
| | (Dinner on Thursday begins at 4:30pm – Senior parents encouraged to attend) | | | |
| Friday | 12:30 pm | Pack and clean up camp (<u>Everybody</u> helps out)/Rehearsal | | |
| | 5:00 pm | Dinner | | |
| | 6:00 pm | Rehearsal | | |
| | 7:00 pm | Field Show for PARENTS/FAMILY/FRIENDS | | |
| | 8:00 pm | Depart | | |

TUESDAY NIGHT PARENT MEETING BEGINS 8:00PM

WHAT TO BRING (*Please mark all clothing and possessions*)

Baseball Hat- Mandatory (Color Guard members may wear bandanas when spinning)

Sneakers – Mandatory (two pairs recommended)

Water Bottle - - Mandatory

Musical instrument, pencils, mutes, reeds, and MUSIC BINDER

Sleeping Bag and extra blanket for cool nights

Towels, washcloths, soap, toothbrush, toothpaste, deodorant, etc.

Clothing for one week, summer apparel and a few sweaters or sweatshirt

Slacks, jacket for cool nights.

Insect repellent, sunscreen lotion

Rain gear, swimsuit and beach towel

Plastic bag for dirty laundry

Flashlight and extra batteries

Ace bandages for added wrist support (Color Guard)

WHAT NOT TO BRING

Tablets, Laptops, Alarm Clocks **SHAVING CREAM**

28 BAND CAMP RULES

1. BE EARLY FOR ALL EVENTS, ESPECIALLY REHEARSALS.
(To be early is to be on time. To be on time is to be late.)
2. NO REFRIGERATOR, TABLETS, LAPTOPS, ALARM CLOCKS, ETC....
3. DURING MEALS: NO SHOES - NO SHIRT - NO SERVICE
 - a) FOOD MAY NOT BE BROUGHT INTO THE DINING HALL
 - b) COURTESY DICTATES: WE EAT WHAT IS PROVIDED FOR US
 - c) BE AT YOUR BEST BEHAVIOR IN THE DINING HALL
4. THERE WILL BE CHAPERONES AND INSTRUCTORS AMONG YOU AT ALL TIMES. THEY ARE RESPONSIBLE FOR YOUR ACTIONS. THEY ARE TO BE GIVEN THE UTMOST RESPECT AND COOPERATION.
5. SMOKING, VAPING, ALCOHOLIC BEVERAGES, OR DRUGS WILL NOT BE TOLERATED.
6. CAMP WINNEKEAG IS A BEAUTIFUL CAMP. LET'S KEEP IT THAT WAY. DO NOT LITTER OR DEFACE PROPERTY. FOR YOUR PROTECTION, SHOES MUST BE WORN AT ALL TIMES.
7. ALL INSTRUMENTS ARE TO BE LEFT IN THE REHEARSAL HALL. NO INSTRUMENTS ALLOWED IN CABINS. CARE OF INSTRUMENTS AND MUSIC IS ESSENTIAL.
8. LIGHTS OUT AT 10:15 P.M. WILL BE STRICTLY ENFORCED.
ANY UNAUTHORIZED ACTIVITIES OCCURRING AFTER 10:15 PM MAY BE GROUNDS FOR SENDING YOU HOME.
9. YOU ARE REPRESENTING OAKMONT AND OVERLOOK AND YOUR HOME TOWNS OF ASHBURNHAM AND WESTMINSTER. WE THINK YOU ARE A SPECIAL KIND OF PERSON, AND WE KNOW THAT YOU WILL LIVE UP TO OUR EXPECTATIONS.
10. NO CARS WILL BE ALLOWED AT CAMP.
11. NO ONE IS TO LEAVE THE CAMP GROUNDS WITHOUT THE PERMISSION OF MR. DEMOURA.
12. NO WATER BALLOONS - WATER GUNS – SHAVING CREAM – SILLY STRING – ETC.
13. VISITORS, OTHER THAN FAMILY MEMBERS, ARE NOT ALLOWED.
14. OUIJA BOARDS, BICYCLES, SKATE BOARDS, OR IN-LINE SKATES ARE NOT ALLOWED ON THE CAMPGROUNDS.
15. DO NOT BRING LARGE AMOUNTS OF MONEY TO CAMP.
16. STUDENTS ARE NOT TO ENTER CABINS THEY ARE NOT ASSIGNED TO. UNLESS APPROVED BY MR. DEMOURA

29 HEALTH FORM (also provided in student folder)



Health Form

Student's Name: _____ / _____ / _____
(Last) (First) Date of Birth

Parent or Legal Guardian

Names: _____

Address: _____

Home Phone: _____ Work Phone: _____

Cell Phone (Guardian #1): _____ Cell Phone (Guardian #2): _____

Medical Insurance Company: _____ Policy Number: _____

Alternative Emergency Contact

Name: _____ Relationship to Student: _____

Number Home and Cell: _____

Name: _____ Relationship to Student: _____

Number Home and Cell: _____

Please Note: This health form will also accompany the student on all trips with the band.

Health History (Please check if applies)

PLEASE LIST CURRENT MEDICATIONS
AND DOSAGE STUDENT IS TAKING
(over the counter and or prescription)

- _____ Heart/Cardiac
- _____ Respiratory
- _____ Orthopedic
- _____ Neurological
- _____ Other

Date of Last Tetanus shot _____ / _____
Month Year

(Continued on Back)

ALLERGIC TO MEDICATION YES _____ NO _____ (if yes, please explain)

ALLERGIC TO INSECT STINGS YES _____ NO _____ (if yes, please explain)

OTHER ALLERGIC REACTIONS YES _____ NO _____ (if yes, please explain)

Please explain any checked areas, or any other health factors that would restrict the student from participating in the activity.

PERMISSION TO ADMINISTER MEDICATION

I give permission for any chaperone to administer the following to my student. If no medication is checked, none will be given.

_____ Antacid

_____ Tylenol (acetaminophen)
500 mg
1-2 caps q4-hrs

_____ Motrin (ibuprofen)
200 mg
1-2 q8hrs

All members are required to have had a physical examination within the past 13 months prior to the first day of practice. All updated physical examination documentation must be submitted with the health forms.

This health history is correct to the best of my knowledge. The student listed has permission to engage in all Oakmont-Overlook Marching Spartans activities for the 2019–2020 school year unless otherwise noted on this form.

I hereby authorize The Oakmont-Overlook Marching Spartans Director and or Chaperone to seek any medical attention deemed necessary at my expense to secure the well-being of the above-named student.

Signature of Parent/Guardian

Date

RELEASE FORM

I, _____, individually and as a
Father/Mother/Guardian of _____ do
hereby, give permission for my son/daughter to participate with the Oakmont – Overlook
Marching Spartans for the purpose of furthering his/her own interest in music. I, hereby,
covenant and agree with the President, Executive Board, Band Director, Staff, Band Camp
Director, members of the Oakmont Overlook Music Parent's Association, and any and all related
parties, officers, agents, employees, to indemnify and hold harmless each and every one of them
from, and against, all claim, liability, loss, cost, damage, and expense which may in any way
arise out of or in connection with, the involvement of my son/daughter in the program or in the
use of such facilities; including without limitation all claim he/she or I might have for personal
injury to him/her or to any member of my family so arising. I do, hereby, further testify as to my
son/daughter's sound health of mind and body.

I intend this statement to take effect as a sealed instrument.

Date _____

Signature _____

31 RELEASE FORM

OAKMONT-OVERLOOK MARCHING SPARTAN HANDBOOK

ACKNOWLEDGEMENT FORM

Our signatures below indicate that we have received and thoroughly read the Oakmont-Overlook Marching Spartans Handbook and that we fully understand the details, policies, and guidelines contained within.

Furthermore, our signatures below indicate that we have read, fully understand and accept the requirements of Marching Band and the consequences of violations of the Handbook, which will lead to the infraction policy stated within.

Parent(s)/Guardian(s) Name(s): _____

Parent(s)/Guardian(s) Signature(s): _____ Date: _____

Band Member Name: _____

Band Member Signature: _____ Date: _____

Please sign and return with all Band Camp Paperwork postmarked no later than **July 1**

Return to rehearsal or mail to:
Oakmont Overlook Music Parents Association
P.O. Box 161
Ashburnham, MA 01430

PERFORMANCE SCHEDULE**Performance Schedule (as of 6/11/19)**

Note: All Times Are Estimated, More Accurate Towards Event

| AUGUST | EVENT | TIME |
|-------------------|------------------------------------------------------------|-----------------------------|
| 8/11/19 – 8/16/19 | Band Camp | Sunday 2:30pm–Friday 8:30pm |
| SEPTEMBER | EVENT | TIME |
| 9/14/19 | NESBA Competition Randolph | 5:00pm |
| 9/21/19 | NESBA Competition Medford | 5:00pm |
| 9/27/19 | Football Game Auburn | 7:00pm |
| 9/28/19 | NESBA Competition North Andover | 5:00pm |
| OCTOBER | EVENT | TIME |
| 10/4/19 | Football Game Hudson (HOMECOMING) | 7:00pm |
| 10/5/19 | NESBA Competition Melrose | 5:00pm |
| 10/12/19 | NESBA Competition Wakefield | 5:00pm |
| 10/19/19 | NESBA Competition Billerica | 5:00pm |
| 10/25/19 | Football Game Groton-Dunstable (BAND NIGHT) | 7:00pm |
| 10/26/19 | NESBA Competition Reading | 5:00pm |
| NOVEMBER | EVENT | TIME |
| 11/1/19 | Football Game Tyngsborough | 7:00pm |
| 11/3/19 | NESBA Marching Band Championship Finals Lawrence, MA | 11:00am |
| 11/7/19 | Fall Concert | 7:00pm |
| 11/8/19 | Football Game TBD | 7:00pm |
| 11/15/19 | Football Game TBD | 7:00pm |
| 11/28/19 | Football Game Lunenburg | 7:00am |
| DECEMBER | EVENT | TIME |
| 12/6/19 | Ashburnham X-Mas Day Parade | 4:00pm |
| MAY | EVENT | TIME |
| 5/25/20 | Memorial Day Parades Ashburnham & Westminster | 7:00am |
| JUNE | EVENT | TIME |
| 6/12/20 | Music Tour of Schools | 7:00am |